

TALKING TO YOUR DOCTOR

Questions you might ask your doctor:

1. What surgical options exist for treating a lumbar herniated disc?
2. Are you considering a disc-sparing or total disc removal procedure? Why?
3. If a disc-sparing discectomy: how to reduce the risk of reherniation, especially when faced with a large anular defect?
4. If aggressive removal of the disc nucleus: how to address concerns with disc degeneration and/or disc collapse over time?
5. What are the possible complications of a discectomy procedure?
6. Is there anything you can do to close the hole in the disc? Are you familiar with the Barricaid[®] Anular Closure treatment option?
7. Is there anything I can do to reduce my risk for developing a new herniation?